

2011 WDJGA Spring & Summer Golf Programs

Utilizing "Golf Canada's" – CN Future Links, Learn to Play Program

ACTIVE START – Level 1

(ages 4-6)

\$65.00

Children ages 4-6 will be introduced to the game of golf through the "Active Start" Future Links Guidelines. Active Start – Level 1 is the first/introductory stage of seven towards a child's growth through golf. It will be centered on **FUN** and the belief that *the golf course is a fun place to be*. There will be no skill measurement and will be based on participation and exposure. Children will use **7 Core Modules** to help them improve their skills and knowledge of the game. These modules are Golf Skills & Performance, Playing & Competition, Golf 101, Fitness & Health, Values, Mind Matters and Parenting, will guide the children to improve and progress through the 7 levels of junior development. Activities will include introduction to putting, chipping and full swing. Also included will be activities that promote agility, balance & coordination, introduction to safety, etiquette, rules, golf terms and what happens at the golf course. Completion of this program will allow the children to advance on to **Fundamentals – Level 2**

AUGUST	Saturday	(6,13,20,27)	9:00am
	Monday	(8,15,22,29)	5:00pm

**Level 1 vs. Level 2 – should someone be uncertain as to which level to start at, consult with the Head Instructor and between the parents and instructor, a decision will be made that is best for the child.*

FUNDAMENTALS – Level 2

(ages 6-8)

\$75.00

Children ages 6-8 will be introduced to regular sized equipment. This is the first class taken after the Active Start - Level 1 Program. This class is a natural transition to regular golf equipment and usually the child's first exposure to such. Level 2 will find the child using equipment with smaller club heads and will be a slight bit heavier. This class is a small step up from using the lighter, larger headed equipment that is easier to hit in Level 1. Completion of this program will allow the children to advance on to **Learn to Play – Level 3**

AUGUST	Saturday	(6,13,20,27)	10:00am
	Monday	(8,15,22,29)	6:00pm

SEPTEMBER	Saturday	(10,17,24, October 1)	10:00am
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**IMPORTANT NOTE: Now that regular golf equipment is being used, it is recommended that the children learn with the proper length equipment and also the proper weight. Clubs too long or too heavy will be cumbersome to the child and will make it difficult and frustrating for them to swing, control and hit the ball. Consult with your Head Instructor for proper measurement and suggestions.*

LEARN TO PLAY – Level 3

(ages 8-10)

\$75.00

Children ages 8-10 will continue their knowledge and growth of golf in Level 3 and expand on controlling regular sized equipment. Having a better understanding of how to hold the club with two hands, finishing a swing in balance, understanding what divots and ball marks are and why we repair them, continued work on balance, co-ordination, relaxation, good day/bad day and responsibilities, are just some of the benchmarks that the children will be working on through drills and participation. Skill measurement will not be required and participation and exposure will allow the children to move on to **Learn to Play – Level 4**

AUGUST	Saturday	(6,13,20,27)	11:00am
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SEPTEMBER	Saturday	(10,17,24, October 1)	11:00am
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LEARN TO PLAY – Level 4

(ages 9-12)

\$75.00

Children ages 9-12 continue to improve on their skills and experiences to a point where some benchmarks **MUST BE MET** in order to move on to Level 5. Specific skill sets will now be worked on to help the juniors meet certain criteria such as the ability to sink 3/10 - 1 foot putts, putting 1/10 - 10 foot putts within 4 feet, can occasionally chip a ball within 6 feet of the hole, demonstrate athletic and balanced form while getting the ball airborne with some trajectory, understanding where to stand during play, where to leave one's golf bag, when to mark the scorecard, understanding what "ready golf" and good posture are. Participation and exposure in some areas are necessary to move on to the next level. Benchmarks will be measured for a passing grade in this level and allow the student to advance on to **Train to Play – Level 5**

AUGUST	Saturday	(6,13,20,27)	Noon
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SEPTEMBER	Saturday	(10,17,24, October 1)	Noon
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TRAIN TO PLAY – Level 5

(ages 11-13)

\$75.00

Children ages 11-13 continue to improve on their skills and experiences to a point where additional benchmarks **MUST BE MET** in order to move on to Level 6. Specific skill sets will now be worked on to help the juniors meet certain criteria. One should be looking for the ability to sink 4/10 - 2 foot putts, putting 4/10 - 10 foot putts within 4 feet, can chip a ball within 6 feet of the hole 3/10 times, ability to get 1/10 chips from an uneven lie to within 6 feet, ability to identify yardage distances between clubs, understanding of relief options and drop procedures, understanding of how to gauge distances and what clubs to use from distances, ability to match ball flight names to direction, ability to demonstrate on-course focus planning. Participation and exposure in some areas are necessary to move on to the next level. Benchmarks will be measured for a passing grade in this level to allow the student to advance on to **Train to Play – Level 6**

AUGUST **Friday** **(5,12,19,26)** **9:00am**

SEPTEMBER **Saturday** **(10,17,24, October 1)** **1:00pm**

Ladies & Links

LADIES CLINIC

4 @ 1 hour lessons

\$60.00

The Ladies Clinic will cover the basics of golf in a fun and relaxed atmosphere. Social and group approach to game improvement with one-on-one instruction as well. Areas covered will include pre-shot routine, checking fundamentals, the takeaway/backswing, the downswing/finish position, iron play, fairway woods, driver, short game-chipping/pitching, putting, sand play and course management.

AUGUST **Monday** **(8,15,22,29)** **7:00pm**

SEPTEMBER **Monday** **(12,19,26, October 3)** **7:00pm**